



Illinois Nutrition Education Programs in Action!

Join Us!

Free Workshop

Topic: Nutrition Education – My plate for my family

Learn how to create low cost healthy meals for your family.

Location: Evanston Vineyard Care Center

2495 Howard St (behind Jewel) Evanston 60202

When: Wednesday April 4, 2018

6:00 pm – 8:00 pm

For More Information:

<http://evanstonvineyard.org/carecenter>

This institution is an equal opportunity provider.

This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP.
University of Illinois * United States Department of Agriculture * Local Extension Councils Cooperating.
University of Illinois Extension provides equal opportunities in programming and employment.

If you need reasonable accommodations to participate in this program, please email carecenter@evanstonvineyard.org



Visit Us Online: <https://go.Illinois.edu/EatMoveSave>

Like Us on Facebook! facebook.com/IllinoisNEP