

Eating Well

A YEAR IN THE BIBLE

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
Week 1 (Sept 11–17)	Luke 1:1–38	Luke 1:39–80	Luke 2	Luke 3	Luke 4
Week 2 (Sept 18–24)	Luke 5:1–26	Luke 5:27–6:16	Luke 6:17–49	Luke 7	Luke 8
Week 3 (Sept 25–Oct 1)	Luke 9:1–48	Luke 9:49–10:24	Luke 10:25–42	Luke 11:1–36	Luke 11:37–12:12
Week 4 (Oct 2–8)	Luke 12:13–34	Luke 12:35–13:9	Luke 13:10–35	Luke 14	Luke 15
Week 5 (Oct 9–15)	Luke 16	Luke 17	Luke 18:1–17	Luke 18:18–43	Luke 19:1–27
Week 6 (Oct 16–22)	Luke 19:28–48	Luke 20	Luke 21	Luke 22:1–38	Luke 22:39–71
Week 7 (Oct 23–29)	Luke 23:1–49	Luke 23:50–24:35	24:36–53 • Acts 1:1–11	Acts 1:12–2:13	Acts 2:14–47
Week 8 (Oct 30–Nov 5)	Acts 3	Acts 4:1–22	Acts 4:23–5:11	Acts 5:12–42	Acts 6
Week 9 (Nov 6–12)	Acts 7	Acts 8	Acts 9:1–31	Acts 9:32–43	Acts 10
Week 10 (Nov 13–19)	Acts 11:1–18	Acts 11:19–12:5	Acts 12:6–25	Acts 13	Acts 14
Week 11 (Nov 20–26)	Acts 15	Acts 16:1–15	Acts 16:16–40	Acts 17	Acts 18
Week 12 (Nov 27–Dec 3)	Acts 19:1–22	Acts 19:23–41	Acts 20	Acts 21:1–26	Acts 21:27–40
Week 13 (Dec 4–10)	Acts 22:1–29	Acts 22:30–23:35	Acts 24	Acts 25:1–22	Acts 25:23–26:32
Week 14 (Dec 11–17)	Acts 27:1–26	Acts 27:27–28:10	Acts 28:11–31	Romans 1:1–17	Rom 1:18–32
Week 15 (Dec 18–24)	Rom 2:1–16	Rom 2:17–3:8	Rom 3:9–31	Rom 4	Rom 5:1–11
Week 16 (Dec 25–31)	Rom 5:12–21	Rom 6	Rom 7:1–13	Rom 7:14–8:17	Rom 8:18–39
Week 17 (Jan 1–7)	Rom 9:1–29	Rom 9:30–10:4	Rom 10:5–21	Rom 11:1–24	Rom 11:25–12:2
Week 18 (Jan 8–14)	Rom 12:3–21	Rom 13	Rom 14	Rom 15:1–13	Rom 15:14–33
Week 19 (Jan 15–21)	Rom 16	1 Corinthians 1:1–17	1 Cor 1:18–31	1 Cor 2	1 Cor 3
Week 20 (Jan 22–28)	1 Cor 4	1 Cor 5	1 Cor 6:1–11	1 Cor 6:12–20	1 Cor 7
Week 21 (Jan 29–Feb 4)	1 Cor 8	1 Cor 9	1 Cor 10	1 Cor 11:1–16	1 Cor 11:17–34
Week 22 (Feb 5–11)	1 Cor 12:1–11	1 Cor 12:12–31	1 Cor 13	1 Cor 14:1–25	1 Cor 14:26–40
Week 23 (Feb 12–18)	1 Cor 15:1–34	1 Cor 15:35–58	1 Cor 16	2 Corinthians 1:1–14	2 Cor 1:15–2:13
Week 24 (Feb 19–25)	2 Cor 2:14–3:6	2 Cor 3:7–18	2 Cor 4	2 Cor 5:1–6:2	2 Cor 6:3–7:4
Week 25 (Feb 26–Mar 4)	2 Cor 7:5–16	2 Cor 8	2 Cor 9	2 Cor 10	2 Cor 11:1–15
Week 26 (Mar 5–11)	2 Cor 11:16–33	2 Cor 12:1–10	2 Cor 12:11–21	2 Cor 13	Galatians 1
Week 27 (Mar 12–18)	Galatians 2:1–10	Gal 2:11–21	Gal 3:1–22	Gal 3:23–4:7	Gal 4:8–31
Week 28 (Mar 19–25)	Gal 5:1–15	Gal 5:16–26	Gal 6	Ephesians 1	Eph 2
Week 29 (Mar 26–Apr 1)	Eph 3	Eph 4:1–16	Eph 4:17–32	Eph 5:1–20	Eph 5:21–6:9
Week 30 (Apr 2–8)	Eph 6:10–24	Philippians 1:1–26	Phi 1:27–2:11	Phi 2:12–30	Phi 3:1–4:1
Week 31 (Apr 9–15)	Phi 4:2–23	Colossians 1:1–14	Col 1:15–23	Col 1:24–2:5	Col 2:6–23
Week 32 (Apr 16–22)	Col 3:1–4:1	Col 4:2–18	1 Thessalonians 1	1 Thes 2:1–16	1 Thes 2:17–3:13
Week 33 (Apr 23–29)	1 Thes 4:1–12	1 Thes 4:13–5:11	1 Thes 5:12–28	2 Thessalonians 1	2 Thes 2
Week 34 (Apr 30–May 6)	2 Thes 3	1 Timothy 1:1–17	1 Tim 1:18–2:15	1 Tim 3:1–13	1 Tim 3:14–4:5
Week 35 (May 7–13)	1 Tim 4:6–16	1 Tim 5:1–16	1 Tim 5:17–6:2	1 Tim 6:3–21	2 Timothy 1
Week 36 (May 14–20)	2 Tim 2:1–14	2 Tim 2:15–26	2 Tim 3:1–9	2 Tim 3:10–17	2 Tim 4
Week 37 (May 21–27)	Titus 1	Titus 2	Titus 3	Philemon	Hebrews 1
Week 38 (May 28–June 3)	Heb 2	Heb 3	Heb 4:1–13	Heb 4:14–5:10	Heb 5:11–6:12
Week 39 (June 4–10)	Heb 6:13–20	Heb 7:1–14	Heb 7:15–28	Heb 8	Heb 9:1–10
Week 40 (June 11–17)	Heb 9:11–28	Heb 10:1–18	Heb 10:19–39	Heb 11	Heb 12:1–13
Week 41 (June 18–24)	Heb 12:14–29	Heb 13	James 1:1–18	James 1:19–27	James 2:1–13
Week 42 (June 25–July 1)	James 2:14–26	James 3	James 4	James 5	1 Peter 1:1–12
Week 43 (July 2–8)	1 Pet 1:13–2:3	1 Pet 2:4–17	1 Pet 2:18–3:7	1 Pet 3:8–22	1 Pet 4
Week 44 (July 9–15)	1 Pet 5	2 Peter 1:1–11	2 Pet 1:12–21	2 Pet 2	2 Pet 3
Week 45 (July 16–22)	1 John 1	1 John 2:1–17	1 John 2:18–29	1 John 3:1–10	1 John 3:11–24
Week 46 (July 23–29)	1 John 4:1–6	1 John 4:7–21	1 John 5	2 John	3 John
Week 47 (July 30–Aug 5)	Jude 1–16	Jude 17–25	Revelation 1	Rev 2:1–17	Rev 2:18–3:6
Week 48 (Aug 6–12)	Rev 3:7–22	Rev 4	Rev 5	Rev 6	Rev 7
Week 49 (Aug 13–19)	Rev 8:1–5	Rev 8:6–13	Rev 9:1–12	Rev 9:13–21	Rev 10
Week 50 (Aug 20–26)	Rev 11:1–14	Rev 11:15–19	Rev 12	Rev 13:1–10	Rev 13:11–18
Week 51 (Aug 27–Sept 2)	Rev 14:1–13	Rev 14:14–15:4	Rev 15:5–16:21	Rev 17	Rev 18
Week 52 (Sept 3–9)	Rev 19:1–10	Rev 19:11–21	Rev 20	Rev 21	Rev 22